



2023-2024 Age – Grade Definitions

Updated: June 14, 2023

1. All Players on an **Iowa Age Level team** must meet these age requirements. No waivers will be given to teams competing in events that qualify a team for National Competition.
2. **Iowa Grade Level teams** may have waivers for players that do not meet the age requirement so long as they are in the appropriate grade. Boys may be waived on to a girl's grade level team for 8th grade / 14u & younger teams. (No boys allowed on age level teams.) (No grade teams needed at 18s male or female; or 17s female.)

JUNIOR AGE DEFINITIONS 2023-24											
AGE	18 & Under ¹	17 & Under	16 & Under	15 & Under ³	14 & Under ⁴	13 & Under ⁵	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
JULY*	2005 ²	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
AUG	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
SEPT	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
OCT	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
NOV	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
DEC	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
JAN	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
FEB	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
MAR	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
APR	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
MAY	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
JUNE	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
GRADE	12 th	11 th	10 th	9 th	8 th	7 th	6 th	5 th	4 th	3 rd	2 nd
Grad Year	2024	2025	2026	2027	2028	2029	2030	2031	2032	2033	2034

Once a player participates (including but not limited to practicing, training, attending workouts and/or competing) **in a club or varsity program for any university, college, community college or junior college, he/she is ineligible** to take part in any regional and national programming, which includes but is not limited to national JNC qualifying and championship events.

Note: These age definitions are used by domestic club programs and are **NOT** the same as the age definitions for the International and Domestic National Team Development programs.

¹ **OR** players born on or after July 1, 2004, **and** a high school student in the 12th grade or below during some part of the current academic year are eligible to compete on 18 and under teams.

² **Female Only** – players born on or after July 1, 2005 (who are defined as 18 & under by USAV Age Definition) and are in the 11th grade for the current academy year are waived to compete in 17 and under.

³ **Male Only** – **OR** Players who were **born on or after July 1, 2008** (15 years or younger) who neither have completed nor are in a grade higher than **8th grade** during the current academic year are eligible to play in the **14 & Under division**. Allowed to participate at BJNC.

⁴ **Male Only** – Players who were **born on or after July 1, 2009** (14 years or younger) who neither have completed nor are in a grade higher than **7th grade** during the current academic year are **eligible for a Region approved waiver** to compete in the boys 13's age group.

⁵ **Male Only** – Players who were **born on or after July 1, 2010** (13 years or younger) who neither have completed nor are in a grade higher than **6th grade** during the current academic year are **eligible for a Region approved waiver** to compete in the boys 12's age group.

***The Age Definition Policy was most recently revised by the USA Volleyball Board of Directors on June 30, 2020.** The classification cut-off date of July 1 was reviewed by the USAV JA and the USA RVA and research justified the new cut-off date of July 1.